

Uitslag overzicht

Korte baan (25m)

| Achternaam, Voornaam      | Gbjr | Afstand/zwemslag | Pl. | Tijd    | Ronde | oude PB. | Versch. |     |
|---------------------------|------|------------------|-----|---------|-------|----------|---------|-----|
| Iris Braam                | 04 : | 50 rugslag       | 8   | 45.51   |       | 46.86    | 106%    | PR. |
|                           |      | 50 schoolslag    | 4   | 51.29   |       | 50.86    | 98%     |     |
| Maaïke Braam              | 02 : | 100 vrije slag   | 4   | 1:16.83 |       | 1:14.74  | 95%     |     |
|                           |      | 100 wisselslag   | 1   | 1:23.64 |       | 1:27.68  | 110%    | PR. |
| André Cornelissen         | 99 : | 200 vrije slag   | 3   | 2:35.72 |       | 2:37.48  | 102%    | PR. |
|                           |      | 100 vlinderslag  | 4   | 1:15.06 |       | 1:10.94  | 89%     |     |
| Jon de Wit                | 04 : | 50 rugslag       | 2   | 42.70   |       | 42.82    | 101%    | PR. |
|                           |      | 50 schoolslag    | 2   | 51.46   |       | 53.78    | 109%    | PR. |
| Fleur van Ede             | 03 : | 100 vrije slag   | 13  | 1:36.56 |       | 1:47.05  | 123%    | PR. |
|                           |      | 100 wisselslag   | 9   | 1:44.86 |       | 1:57.39  | 125%    | PR. |
| Twan van Engen            | 05 : | 50 rugslag       | 4   | 48.16   |       | 48.20    | 100%    | PR. |
|                           |      | 50 schoolslag    | 6   | 56.14   |       | 56.69    | 102%    | PR. |
| Birgit Geurtz             | 97 : | 50 schoolslag    | 4   | 45.45   |       | 45.60    | 101%    | PR. |
|                           |      | 100 wisselslag   | 6   | 1:27.02 |       | 1:22.30  | 89%     |     |
| Dominique van Grevenbroek | 04 : | 50 rugslag       | 5   | 48.95   |       | 49.66    | 103%    | PR. |
|                           |      | 50 schoolslag    | 4   | 53.85   |       | 54.01    | 101%    | PR. |
| Stephan van Grevenbroek   | 00 : | 50 vrije slag    | 3   | 28.81   |       | 30.13    | 109%    | PR. |
|                           |      | 100 schoolslag   | 1   | 1:20.05 |       | 2:02.91  | 236%    | PR. |
| Aniek Henken              | 00 : | 50 vrije slag    | 3   | 32.42   |       | 33.22    | 105%    | PR. |
|                           |      | 100 schoolslag   | 1   | 1:33.73 |       | 1:40.82  | 116%    | PR. |
| Sascha van den Hurk       | 92 : | 50 schoolslag    | 5   | 38.98   |       | 37.04    | 90%     |     |
|                           |      | 100 wisselslag   | 9   | 1:13.17 |       | 1:12.32  | 98%     |     |
| Anouk Janssen             | 98 : | 200 vrije slag   | 3   | 2:39.02 |       | 2:58.81  | 126%    | PR. |
|                           |      | 100 vlinderslag  | 3   | 1:26.30 |       | --       |         | PR. |
| Eline van Kempen          | 04 : | 50 rugslag       | 6   | 44.39   |       | 46.32    | 109%    | PR. |
|                           |      | 50 schoolslag    | 2   | 47.42   |       | 48.81    | 106%    | PR. |
| Kim van Kempen            | 01 : | 50 vrije slag    | 5   | 32.84   |       | 35.41    | 116%    | PR. |
|                           |      | 100 schoolslag   | 3   | 1:39.25 |       | 1:42.80  | 107%    | PR. |
| Mick van Kempen           | 02 : | 50 vrije slag    | 5   | 34.17   |       | 34.63    | 103%    | PR. |
|                           |      | 100 schoolslag   | 2   | 1:35.26 |       | 1:30.86  | 91%     |     |
| Esmee Kok                 | 03 : | 50 rugslag       | 1   | 41.85   |       | 43.90    | 110%    | PR. |
| Niene Meeuwssen           | 98 : | 50 schoolslag    | 2   | 44.16   |       | 39.95    | 82%     |     |
| Anne Middelkoop           | 03 : | 50 rugslag       | 5   | 43.81   |       | 42.75    | 95%     |     |
|                           |      | 50 schoolslag    | 1   | 46.54   |       | 47.09    | 102%    | PR. |
| Cas Polman                | 02 : | 100 vrije slag   | 5   | 1:25.41 |       | 1:23.50  | 96%     |     |
|                           |      | 100 wisselslag   | 6   | 1:34.99 |       | 1:35.30  | 101%    | PR. |
| Noor Siersema             | 01 : | 50 schoolslag    | 8   | 52.49   |       | 56.93    | 118%    | PR. |
|                           |      | 100 wisselslag   | 8   | 1:56.88 |       | --       |         | PR. |
| Anniek Takken             | 04 : | 50 rugslag       | 2   | 42.82   |       | 42.85    | 100%    | PR. |
|                           |      | 50 schoolslag    | 5   | 52.00   |       | 53.35    | 105%    | PR. |
| Niels Versteeg            | 95 : | 50 schoolslag    | 7   | 40.65   |       | 40.13    | 97%     |     |
| Robin Versteeg            | 01 : | 200 vrije slag   | 5   | 2:55.51 |       | 3:03.85  | 110%    | PR. |
|                           |      | 100 vlinderslag  | 6   | 1:36.83 |       | 1:37.51  | 101%    | PR. |
| Rick de Vos               | 95 : | 50 schoolslag    | 4   | 37.64   |       | 37.72    | 100%    | PR. |
|                           |      | 100 wisselslag   | 10  | 1:16.07 |       | 1:22.95  | 119%    | PR. |
| Tycho Wannet              | 03 : | 100 vrije slag   | 6   | 1:28.29 |       | 1:26.83  | 97%     |     |
|                           |      | 100 wisselslag   | 8   | 1:39.78 |       | --       |         | PR. |
| Veerle Wareman            | 01 : | 50 vrije slag    | 6   | 35.05   |       | 38.13    | 118%    | PR. |
|                           |      | 100 schoolslag   | 4   | 1:39.61 |       | 1:37.30  | 95%     |     |
| Rens Wijnia               | 94 : | 50 schoolslag    | 3   | 35.54   |       | 35.35    | 99%     |     |
|                           |      | 100 wisselslag   | 4   | 1:08.70 |       | 1:10.13  | 104%    | j   |

|                          |      |                                     |         |  |         |         |     |
|--------------------------|------|-------------------------------------|---------|--|---------|---------|-----|
| Britt Wismans            | 03 : | 100 vrije slag                      | 10      | 1:31.18                                      | 1:36.00 | 111%    | PR. |
| Sven Wismans             | 03 : | 100 vrije slag                      | 9       | 1:30.66                                      | 1:26.69 | 91%     |     |
|                          |      | 100 wisselslag                      | 7       | 1:39.47                                      | 1:44.21 | 110%    | PR. |
| Kiran de Wit             | 05 : | 50 rugslag                          | 8       | 51.02  | 50.75   | 99%     |     |
|                          |      | 50 schoolslag                       | 5       | 55.26  | 57.70   | 109%    | PR. |
| Laura Zijlstra           | 98 : | 200 vrije slag                      | 6       | 2:53.74                                      | 2:48.42 | 94%     |     |
|                          |      | 100 vlinderslag                     | 8       | 1:42.39                                      | 1:35.45 | 87%     |     |
| 4 x 50 vrije slag Dames  | :    | Kim van Kempen<br>Esmee Kok         | 33.58   | Maaïke Braam<br>Kyra Huisman                 | 1       | 2:15.01 |     |
| 4 x 100 vrije slag Heren | :    | Mick van Kempen<br>Cas Polman       | 1:20.04 | Stephan van Grevenbroek<br>André Cornelissen | 2       | 5:03.42 |     |
| 4 x 100 vrije slag Dames | :    | Laura Zijlstra<br>Anouk Janssen     | 1:17.14 | Birgit Geurtz<br>Niene Meeuwssen             | 4       | 4:54.71 |     |
| 4 x 50 wisselslag Heren  | :    | Robin Versteeg<br>André Cornelissen | 37.96   | Mick van Kempen<br>Stephan van Grevenbroek   | 2       | 2:22.50 | j   |

Totaal 58 persoonlijke uitslag, Gemiddelde prestatie: 105,4%

2 nieuw(e) record(s), 40 nieuw(e) persoonlijke record(s)

Grootste verbetering: Stephan van Grevenbroek, 100 schoolslag 1:20.05